



DILIGENT CARE, PERSONAL TOUCH

**BROOKHAVEN**

CENTER FOR REHABILITATION AND HEALTHCARE



# WHAT'S HAPPENING AROUND BROOKHAVEN

## Employee Spotlight

April Milevski, MS, RDN has been in the field of health and wellness for 10 years now. She first became a registered yoga teacher in 2014 while obtaining her first bachelor's degree from Rowan University in Health and Exercise Science. From there, she continued her education at Montclair State University and graduated with a master's degree in Nutrition and Food Science in 2019 while concurrently attending Saint Elizabeth University to obtain her second bachelor's degree in Foods and Nutrition in 2020.



April completed her supervised practice with Morristown Medical Center, Pillar Care Continuum, and the Academy of Nutrition and Dietetics' Policy Initiative and Advocacy team through the University of Delaware's Dietetic Internship program. She first started as an adjunct professor at Saint Elizabeth University in January of 2022 and currently serves on the Food and Nutrition Advisory Board for the university. April also serves as the Co - Public Policy Coordinator for the New Jersey Academy of Nutrition and Dietetics.

She then started working full time as a clinical dietitian at Brookhaven Healthcare Center for Rehabilitation in February of 2022. She also holds a chair yoga class for the residents once a month. She finds great fulfillment in her ability to connect with residents on a personal level while optimizing or maintaining their nutrition status. April feels that it is the biggest blessing to be consumed with her passion.

## Testimonial

"My mom loves it here and can't thank you enough for the services you provide to her. Working in healthcare is extremely hard, and the Brookhaven staff makes it look easy." — **D.S.**

# WHAT'S HAPPENING AROUND BROOKHAVEN



## Halloween 2022

Trick or Treat. Residents and staff had a great day!



## Fall Festivities

We are getting into the Halloween spirit with these jack-o-lantern crafts. The residents did an amazing job making these spooky faces!

## Healthcare Food Service Week

We celebrated with the best staff we could ask for. We are so thankful for you all!







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